



Binghamton University Dance Team



Tryouts: August 26th, 27th, 28th from 8:00 pm – 11:00 pm in the WEST GYM

BUDT is a coed team who creates & executes high energy, crowd pleasing, dance routines performed at all Men and Women's home basketball games. Dance styles consist of Jazz, Pom, and Hip-Hop. We will also be competing as a division 1 dance team in the Jazz and Game Day categories. We are looking for teammates with talent, technique, enthusiasm, potential, and dedication! We look forward to dancing with you!

TRYOUT Info & Breakdown

BEFORE tryouts- Please email a completed copy of our Tryout Waiver and a Headshot. If not emailed by August 25th at 5:00 pm please bring printed copies yourself.

Three Day Tryout Breakdown: You will need to be present *all* three days. If you have any extenuating circumstances or conflicts please communicate with Coaches prior to or on Day 1 of tryouts. You will be given a try-out number, please wear it at all times!

Session 1:

Optional warm up time
Across the floor
Improvisation
Pom choreography
Hip Hop choreography
Perform learned material
Optional Q & A with coaches and seniors

Session 2:

Optional warm up time
Across the floor
Improvisation
Jazz choreography
Perform all learned material
Perform Fight Song
Contemporary choreography
Optional Q & A with coaches and seniors

Session 3

Optional warm up time
Private tryouts – Order of performance will be posted on BAND
Finals:

- Demonstration of all of: Splits, Jumps, Turns, Dancer's choice of additional tricks
- Performance of Fight Song
- Performance of Tryout routine (pom, hip hop, jazz)
- Performance of Contemporary combination

****Final Day**** Please come ready to PERFORM! Wearing an appealing dance outfit (fitted dance pants, shorts, tank top, sports bra, etc), Game Day Ready hair, make up, etc. **Remember facial expressions, eye contact, charisma, and how you carry yourself all play into your performance! Most importantly, HAVE FUN!!**

Results will be emailed & posted Saturday morning to our social media pages.

DANCE TEAM GUIDELINES

COMMITMENT

- Your commitment is extremely important to the overall success of our team. If you are a member of any other campus organization, please be aware that Dance Team should be your *first priority* after other extra curricular activities. You will not have permission to miss practices, games, or appearances due to conflicts with outside groups or organizations. If classes or tests conflict with practices or performances, please email your conflicts to Coaches ASAP. We pride ourselves on having high attendance at performances as well as academically successful team members.
- BUDT is **not** a Club Sport or Student Group. We are a division of Athletics- our Roster is FINAL. After Tryouts, if you have been chosen as a member of our team and you respond to coaches confirming your decision to commit to the team- ***you are expected to uphold your commitment for the duration of the school year.*** If extenuating circumstances arise and you are no longer able to fulfill your commitment to the team please speak to Coaches as soon as possible.

IMAGE

- As a member of our team you are representing yourself, the Dance Team, and Binghamton University (in or out of uniform); therefore it is imperative that you be mindful of how your image is displayed on campus and on social networking sites (Facebook, Twitter, Instagram, etc). Any disparaging images or actions displayed on or off campus will be immediately dealt with and could result in dismissal from the team.
- You are responsible for being mentally, emotionally, and physically present for practices, performances, and events. You must be able to successfully execute our choreography and entertain our crowd. You must be aware of your body language and face in order to exude a positive and energetic spirit during performances, events, and appearances. You must be polite, courteous, and open-minded at all times. You are a smart, talented group of young people who can inspire others with your hard work and positive attitude.

ATTENDANCE

- Attendance is very important and will be taken at every practice, game, event, etc.
- If you miss practice the week of a game/performance (without a previously communicated valid reason), you will **not perform** routines and will not have a spot in our formation...however; you **must** still attend in full uniform and participate in sidelines and cheers.
- Unexcused absences from practices or games will not be tolerated...*you should always contact coaches if you're going to be absent.* Being unaccounted for during games or practices may jeopardize your spot on the team. Missing practice to study or to drive back from weekend trips are NOT valid excuses.
- If you have an excused absence from practice please communicate with another teammate and learn the material you've missed prior to the next practice.

GAMES

- You are required to perform at **all** Men's and Women's Home Basketball games.
- You must arrive **on time** to the Spirit Squad area **one hour prior** to game time, **ready** to perform (makeup on, hair done, uniform on, already stretched...So you might actually need to get there an hour and a half early if you need to do any of that)
- No jewelry is to be worn that is not considered part of the uniform.
- When at games, you are there as a member of the dance team. You must dedicate the *full* hour before the game as well as the *entire* game itself to your team.
- If you are late to a game and miss our "walk through" (without a previously communicated, valid reason) you will not perform in the routines that day. You will still be expected to participate on sidelines and throughout the game in full uniform.
- After each game we will meet as a team quickly before you are dismissed. Please do not leave to see your family/friends until you are dismissed. (Dance Team OUT)
- Over Winter Break, in December/January- you are required to attend at least 2 BU Home Games at the Events Center. It is extremely important to maintain our spirit squad presence during the entire basketball season.
- If *any* piece of your uniform is forgotten at a game/performance you will sit out...no excuses. That includes earrings!

COMPETING

- BUDT will be competing this year as a division 1 dance team. We will be attending at least two competitions. All costs associated with costuming, entry fees, accommodations, and travel to and from the events are the responsibility of each individual team member. You must uphold your regular season responsibilities in order to compete.
- There will be opportunities for fundraising throughout the year to help cover some competition fees.
- Competition is mandatory for all members of BUDT. **All members will be required to train and attend all competitions.**
- Further information regarding costs, logistics, training, and details of competition will be communicated at a later date. Members are responsible for participating and watching for this communication.
- Regional competition date will be **January 24th** in New Jersey- DTU Regional.
- National competition dates will be **April 9-11**, DTU College Classic. With travel being **April 8-12**. Please plan accordingly.

UNIFORMS

- Dance Team uniforms are property of BU Athletics. They must be returned at the end of each season. (With the exception of the items you purchase.)
- Keep a separate 'Dance Team Bag' always prepared with all uniforms (shoes, poms, makeup, hair accessories, safety pins, etc.)
- Remember you are representing our team & reputation every time you are in uniform or in your Team Jacket. Even when you go to Walmart in your team apparel. Be nice.
- Costumes for competition will be purchased by BUDT members. These costumes will be picked out and modified by the coaching staff. More information to come on costuming.

All Dance Team Members will be responsible for purchasing:

- ❖ Tan slip on Jazz shoes approx. \$25 each
- ❖ Pirouettes/Turners approx. \$20-\$30
- ❖ Black Hip Hop joggers approx. \$30
- ❖ Dance Team Earrings approx. \$9
- ❖ Dance Team Warm Up Apparel, Team Jacket & Backpack- Prices TBA
- ❖ Costumes for competition - TBA
- ❖ Travel, Hotel, competition fees, associated competition costs – TBA Est. at least \$1,000 per dancer

PRACTICES

- All Team Members are required to attend 2 weeknight practices per week:
 - MONDAY night 8:30-10:30pm (mainly competition focused)
 - THURS night 9:00-11:00pm (mainly game day focused)
 - TUESDAY night 8:30-10:30pm (as needed, typically during the Fall Semester)
****These nights are to be kept open on your schedule. We do not necessarily use every Tuesday but members are expected to be at these practices if they are held. We have found that these nights are helpful for extra game day practice, competition runs, extra technique and conditioning, and any extra practice that the team may need. There will be timely communications to the team if there is a Tuesday practice scheduled.***

* Times/locations may vary pending Events Center/West Gym availability

*Competition Choreography may be scheduled on a weekend, we will let you know dates as soon as possible.

*A tentative schedule is shared with the team each semester when it is available to coaching staff. This is subject to change and additions. Especially around school breaks!

With all of these guidelines understood and followed, it will be a very successful and enjoyable year for everyone on BUDT! Your dedication & commitment is vital to the success and productivity of the team as a whole; with that and some hard work we will make this upcoming year amazing!

Thank you and we look forward to meeting all of you!

Let's Go Bearcats!!

-Coaches Erin & Maddie