

## Junior Youth Spiritual **Empowerment Program**

Weekly neighborhood program for junior youth ages 11-15+. Facilitated by trained mentors, who have a deepened understanding of the period of adolescence, and their ability to participate effectively in their community as agents of social change, justice and unity.



THE PROGRAM AIMS TO:

develop spiritual perception

build a moral foundation

enhance powers of expression

engage in service to communities

## DISCUSSION **SERVICE** RECREATION **ACTIVITIES**









A Junior Youth Group comes together for one to two hours per week to:

- study materials for language and expression development
- engage in meaningful activities, including the arts
- plan and carryout service projects
- participate in recreational and sports activities

## **Interested In Becoming An Animator?**

An 'animator' is an older youth who serves as a true friend to junior youth and assist them to develop their spiritual & intellectual capacities.



Youth make excellent animators—as they treat junior youth not as children, but as equals, and encourage them to ask questions, express doubts, learn about society, and pursue service to the community.



Trainings and ongoing support help teens and young adults learn and grow as mentors for the program. They engage participants in meaningful conversations, arts and crafts, and youth-led service projects. Mentors also build

friendships with parents and gain practical skills such as lesson planning and coordination.



"The betterment of the world can be accomplished through pure and goodly deeds, through commendable and seemly conduct."