

DESTRESS FOR SUCCESS

JOIN WA Geraldine &
discuss tips and tricks on
how to manage your time
during finals week.



Stop by and chat!
Grab some stress balls and
snacks to help while
studying!

Smith Main Entrance
Date: May 8, 2025
Time: 10-11am

If you anticipate a need for disability related accommodations or auxiliary aids to attend or participate, please contact ssd@binghamton.edu. We ask that you provide us with at least 3-5 days of advance notice regarding your equal access needs.

